

**HEALTH EXAMINATIONS**

The Board of Trustees recognizes the importance of periodic health examinations conducted according to state health regulations. To determine the health status of students, facilitate the removal of handicaps to learning, and determine whether special adaptations of the school program may be necessary, the Board shall require that periodic examinations be conducted which include tests for vision, hearing and scoliosis.

All personnel employed to examine students shall exercise proper care of each student being examined and shall ensure that the examination results are kept confidential. (Education Code §49450)

A parent/guardian may annually file a statement with the principal withholding consent to any physical examination of his/her child. The child shall be exempt, but shall be subject to exclusion due to a suspected contagious or infectious disease. (Education Code §49451)

The principal of each school shall notify parents/guardians of the rights of students and parents/guardians relating to health examinations.

The Board may from time-to-time require reports regarding the numbers of students found to have physical problems and the effort made to correct them. (Education Code §49457)

**Vision**

Students shall have their vision tested by qualified personnel authorized by the District. (Education Code §49452, §49454)

Students shall have their vision examined upon first enrollment in elementary school. Further examinations shall take place every three years until the student has completed eighth grade. The results of the vision appraisal shall be entered into the student's health record. All students shall be tested for visual acuity. Color vision shall be tested once and only in male students. (Education Code §49455)

The above evaluation of a student's vision may be waived at the parent's/guardian's request if the parent/guardian presents a certificate from either a medical doctor or an optometrist stating the results of an examination of the student's vision including visual acuity, and, in male children, color vision.

Visual defects, or any other defects, found as a result of the vision examination shall be reported to the parent/guardian with a request that remedial action be taken to correct or cure the defect. The written report shall not include a referral to any private practitioner. (Education Code §49456)

The student may be referred to a public clinic, or diagnostic and treatment center operated by a public hospital or be the state, county or city department of public health. (Education Code §49456)

**Hearing**

Students shall have their hearing tested by qualified personnel authorized by the District upon first entry into the California public school system and in grades K, 2, 5, 8, and 10. The parent/guardian of students who fail the hearing test will receive written notification of the test results with a referral for further examination. (Code of Regulations, Title 17, 2951)

**Scoliosis Screening**

The Board shall provide for the screening of students for the condition known as scoliosis. Every female student in the seventh grade and every male student in the eighth grade shall be screened. The screening shall follow the standards established by the State Department of Education and shall be performed by qualified personnel as specified by law. (Education Code §49452.5)

Persons performing the screening shall not solicit, encourage, or advise treatment of the student for scoliosis. The same shall apply to any other condition discovered in the course of the screening for scoliosis. (Education Code §49452.5)

The parent/guardian of any student suspected of having scoliosis shall be notified. The notice shall include an explanation of scoliosis and the significance of treatment at an early age. A referral to appropriate community resources for diagnosis and treatment shall be made. (Education Code §49452.5)

As determined by the superintendent or his designee, scoliosis screening may be suspended pursuant to the State of California suspending the mandated requirement.

**Interscholastic Athletic Competition**

All students who participate as cheerleaders, marching band members, members of auxiliary field units, or athletes in interscholastic sports, are required to have on file a current medical examination performed by a Doctor of Medicine (M.D.), Doctor of Osteopathic Medicine, Nurse Practitioner, or a Physician's Assistant. Compliance with the medical examination requirement is not necessary for participants in a play day or a field day activity occurring occasionally during a school year in which students of one or more particular grade levels from two or more schools in the District participate in athletic contests.

If a student sustains an injury or serious illness, the student may be required by school personnel to have another examination prior to further interscholastic competition.

A student who has been excused from the physical education program because of a medical reason may not participate in any interscholastic athletic competition.

All students engaging in interscholastic athletic competition are required to meet accident insurance requirements prescribed by law.

*Legal Reference:*

EDUCATION CODE

48211-48214 *Persons excluded*

48400-49410 *General powers-school boards (re student health)*

49450-49457 *Physical examinations (of students)*

HEALTH AND SAFETY CODE

3380-3389 *Immunization against communicable diseases*

3400-3409 *Tuberculosis tests for students*

CODE OF REGULATIONS, TITLE 17

6000-6075 *School attendance immunization requirements*

CODE OF REGULATIONS, TITLE 5

590-596 *Vision screening*

Policy

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**CAPISTRANO UNIFIED SCHOOL DISTRICT**

San Juan Capistrano, California